**Therapeutic Family Care**

**Cluster Training Schedule**

**September 2018-May 2019**

TFC hosts Cluster trainings one day a month and is open to caregivers, Society workers, and community partners wanting to participate in training and connect with others.Clusters are generally located at Grace Christian Reformed Church at 440 King St E, in Cobourg.  **\*\*\*\*Please note October Cluster is at Best Western Inn in Cobourg.**

To **SIGN UP-** please call TFC Reception at 905-373-0522 ext 0.

In an effort to be more environmentally conscious, we request attendees bring their own travel mugs and water. Tea and Coffee will be provided.

TFC is looking for your cooperation towards a **scent-reduced environment.** Please be mindful of sensitivities to smoke and scents. Please refrain from the use of scented products when attending.

**Cluster Trainings**

**Thursday Sept 27, 2018**

**10:30am-1:00pm**

**Grace Christian Reformed Church**

**440 King St. E**

**Cobourg, ON**

**Supporting Parents who Support Children with Developmental Trauma: Understanding Blocked Care and How to Build Relational Security**

**Presented by: Ed Hagedorn & Cynthia Campbell-Dionne**

*Ed Hagedorn and Cynthia Campbell-Dionne will discuss Dan Hughes & Jonathan Baylin’s (2012) work on Brain-Based Parenting. Specifically, how supporting children with complex trauma can impact a parents approach and reward systems and how to work this through in therapeutic context so that parents can build increased security in parent-child relationship. Mirror neurons in relation to attachment will be explored as well as value of self-care and support system to co-regulate these effects. According to Hughes, the caregiver’s state of mind, the ability to sustain caring stance and compassion towards a mistrusting child is key to the process of creating new positive trust experiences for children who have been hurt.*

**Tuesday October 23, 2018**

**8:30-4:30**

**Best Western Inn**

**930 Burnham St.**

**Cobourg, ON**

**DDP International Conference: Trauma Informed Schools**

**$75.00 registration fee. Lunch and refreshments provided. Please contact shalemnetwork.org/workshop/ddpi-internationalconference**

**Or call 866-347-0041 to register**

*Educators from the Limestone District School Board in Kingston will discuss their work developing trauma informed classrooms. Successes and challenges of this initiative will be reviewed as well as discussion on how they implemented DDP as a practice framework, changing the school culture and climate and placing relationship at the core of how children are supported on a daily basis.*

**Thursday November 22, 2018**

**10:30-1:00pm**

**Grace Christian Reformed Church**

**440 King St. E**

**Cobourg, On**

**Development of Art Therapy at TFC**

**Presented by: Ed Hagedorn, Sara Coyle & Maya Hutcheson**

*TFC has delivered Art Therapy Services since its inception.  As such, it occupies an enduring and important position in services offered by the program.  Drawings allow expression and exploration of feelings and helps facilitate clinical impressions and discussions. Further, drawings can represent the voice of the child and give context of the child’s history and present circumstances. This training will provide an overview of the use of art and projective drawings at TFC.  Ed Hagedorn will talk about his work, including the series of drawings that has been developed and used to engage with children.  Participants will also learn from specific case studies and examples.*

**\*\*\*\*\*NO CLUSTERS IN DECEMBER 2018, JANUARY or FEBRUARY 2019**

**Thursday March 21, 2019**

**10:30-1:00pm**

**Grace Christian Reformed Church**

**440 King St, E**

**Cobourg, On**

**FASD and Other Neurodevelopmental Disorders. Understanding Executive Functioning Deficits and Building Supportive Response.**

**Presented by: Sheryl Over & Karen Hay**

*Sheryl Over is Chair of FASD Committee in Peterborough, and has led the Peterborough Caregiver Support Group. She is also tireless advocate for the improvement of services for all individuals with FASD. Sheryl Over & Karen Hay will discuss supporting the executive functioning needs of children and youth with FASD and other neurodevelopmental disorders****.***

**Thursday April 18, 2019**

**10:30-1:00pm**

**Grace Christian Reformed Church**

**440 King St, E**

**Cobourg, On**

**Supporting those who are Coping with Addictions: FOURCAST, Review of Current Trends, Continuum of Treatment Options and Support.**

**Presented by: Nancy Burton, Laura Gonsalves & FOURCAST representative.**

*Youth in Care and those managing mental health concerns and trauma are more likely to engage in addiction as a way to cope with negative impacts. Representative from FOURCAST will discuss most recent trends and services in addiction counselling as well as ways to build support around youth. Nancy & Laura will discuss some of the Solution Focused approaches in Addiction Counselling.*

**Thursday May 23, 2019**

**10:00-1:00pm**

**Grace Christian Reformed Church**

**440 King St. E,**

**Cobourg, On**

**DDP: Integrating Attachment Theory into day to day care of Children in our Homes and Schools; using relationship to heal trauma.**

**Presented by: Dr. Phillips**

*Dr. Sian Phillips is a psychologist, adjunct Professor of Psychology at Queen’s University and Certified DDP therapist, consultant and trainer who will discuss DDP as a modality to support children who are experiencing attachment and trauma related issues. Dr. Phillips specializes in the assessment of trauma and attachment difficulties and pioneered the Belong Program, an attachment focused classroom that utilizes DDP practice. Dr. Phillips has authored two clinical chapters in Art Becker Weidman’s book the Dyadic Developmental Psychotherapy Case Book. She is a consulting psychologist with Therapeutic Family Care Program and will discuss how to integrate DDP into day to day care.*