



Presents:

# The Power of Resilience

**Please join us for a free event!**

**With Guest Speaker Dr. Jill Stoddart PhD, MSW, RSW**

**On June 11, 2019 from 9:00am-12:00pm**

**Registration: 8:30am-9:00am**

**At Venture 13 (739 D'Arcy St, Cobourg)**

**Resilience is a word that we hear so often, but what is it?**

**We are excited to have Dr. Jill Stoddart join us from Family and Children's Services of Waterloo Region to explore the definition and meaning of resilience. Jill will explain how their resiliency project has impacted their community and introduce us to "ordinary magic". This evidence based concept explains how resiliency is born out of people and organizations offering opportunities of everyday kindness and creativity to others.**

**We hope you will join us for this exciting and powerful presentation and interactive discussion.**

**RSVP: Due to limited Space, please register with  
TFC at your earliest convenience at  
905-373-0522 Ext. 0 or [tfc.reception@tfcprogram.ca](mailto:tfc.reception@tfcprogram.ca)**